



Officer's Certificate

**Abridgement of time pursuant to section 2.20 of National Instrument 54-101 –
Communication with Beneficial Owners of Securities of a Reporting Issuer (“NI 54-101”)**

In connection with the special meeting of shareholders of MYM Nutraceuticals Inc. (the “**Corporation**”) scheduled for July 5, 2021 (the “**Meeting**”), I, **Mark Forster, Chief Financial Officer** of the Corporation, hereby certify as an officer and on behalf of the Corporation, and not in my personal capacity, intending that the same may be relied upon by you without further inquiry that:

- a) in accordance with the requirements set out in section 2.20(a) of NI 54-101, the Corporation has arranged to have the required proxy-related materials for the Meeting sent in compliance with NI 54-101 to all beneficial owners of the Corporation’s common shares at least 21 days before the date fixed for the Meeting;
- b) in accordance with the requirements set out in section 2.20(b) of NI 54-101, the Corporation has arranged to have carried out all of the requirements of NI 54-101 in connection with the Meeting in addition to those described in paragraph (a) above; and
- c) the Corporation is relying on section 2.20 of NI 54-101 to abridge the time requirements set out in subsections 2.2(1) and 2.5(1) of NI 54-101 in respect of the Meeting.

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DATED this 8th day of June, 2021

MYM NUTRACEUTICALS INC.

(signed) "*Mark Forster*"

MARK FORSTER
CHIEF FINANCIAL OFFICER